

January 2022

SUN	MON	TUES	WED	THURS	FRI	SAT
						1 Alpha Upper New Year's Day
2 Alpha Lower	3 Alpha Upper	4 Alpha Lower	5 Alpha Upper	6 Alpha Lower	7 Alpha Upper	8 Alpha Lower
9 Alpha Upper	10 Alpha Lower	11 Alpha Upper	12 Alpha Lower	13 Alpha Upper	14 Alpha Lower	15 Alpha Upper
16 Alpha Lower	17 Alpha Upper Martin Luther King Jr Day	18 Alpha Lower	19 Alpha Upper	20 Alpha Lower	21 Alpha Upper	22 Alpha Lower
23 Alpha Upper	24 Alpha Lower	25 Alpha Upper	26 Alpha Lower	27 Alpha Upper	28 Alpha Lower	29 Alpha Upper
30 Alpha Lower	31 Alpha Upper	NOTES				

February 2022

SUN	MON	TUES	WED	THURS	FRI	SAT
		1 Alpha Lower	2 Alpha Upper Groundhog Day	3 Alpha Lower	4 Alpha Upper	5 Alpha Lower
6 Alpha Upper	7 Alpha Lower	8 Alpha Upper	9 Alpha Lower	10 Alpha Upper	11 Alpha Lower	12 Alpha Upper Lincoln's Birthday
13 Alpha Lower	14 Alpha Upper Valentine's Day	15 Alpha Lower	16 Alpha Upper	17 Alpha Lower	18 Alpha Upper	19 Alpha Lower
20 Alpha Upper	21 Alpha Lower Presidents Day	22 Alpha Upper	23 Alpha Lower	24 Alpha Upper	25 Alpha Lower	26 Alpha Upper
27 Alpha Lower	28 Alpha Upper					
NOTES						

March 2022

SUN	MON	TUES	WED	THURS	FRI	SAT
		1 Alpha Lower	2 Alpha Upper	3 Alpha Lower	4 Alpha Upper	5 Alpha Lower
6 Alpha Upper	7 Alpha Lower	8 Alpha Upper	9 Alpha Lower	10 Alpha Upper	11 Alpha Lower	12 Alpha Upper
13 Alpha Lower Daylight Savings Begins	14 Alpha Upper	15 Alpha Lower	16 Alpha Upper	17 Alpha Lower St. Patrick's Day	18 Alpha Upper	19 Alpha Lower
20 Alpha Upper Vernal Equinox	21 Alpha Lower	22 Alpha Upper	23 Alpha Lower	24 Alpha Upper	25 Alpha Lower	26 Alpha Upper
27 Alpha Lower	28 Alpha Upper	29 Alpha Lower	30 Alpha Upper	31 Alpha Lower		
NOTES						

April 2022

SUN	MON	TUES	WED	THURS	FRI	SAT
					1 Alpha Upper April Fool's Day	2 Alpha Lower
3 Alpha Upper	4 Alpha Lower	5 Alpha Upper	6 Alpha Lower	7 Alpha Upper	8 Alpha Lower	9 Alpha Upper
10 Alpha Lower	11 Alpha Upper	12 Alpha Lower	13 Alpha Upper	14 Alpha Lower	15 Alpha Upper Passover Good Friday	16 Alpha Lower
17 Alpha Upper Easter Sunday	18 Alpha Lower	19 Alpha Upper	20 Alpha Lower	21 Alpha Upper	22 Alpha Lower Earth Day	23 Alpha Upper
24 Alpha Lower	25 Alpha Upper	26 Alpha Lower	27 Alpha Upper	28 Alpha Lower	29 Alpha Upper	30 Alpha Lower
NOTES						

May 2022

SUN	MON	TUES	WED	THURS	FRI	SAT
1 Alpha Upper	2 Alpha Lower	3 Alpha Upper	4 Alpha Lower	5 Alpha Upper	6 Alpha Lower	7 Alpha Upper
8 Alpha Lower Mother's Day	9 Alpha Upper	10 Alpha Lower	11 Alpha Upper	12 Alpha Lower	13 Alpha Upper	14 Alpha Lower
15 Alpha Upper	16 Alpha Lower	17 Alpha Upper	18 Alpha Lower	19 Alpha Upper	20 Alpha Lower	21 Alpha Upper
22 Alpha Lower	23 Alpha Upper	24 Alpha Lower	25 Alpha Upper	26 Alpha Lower	27 Alpha Upper	28 Alpha Lower
29 Alpha Upper	30 Alpha Lower Memorial Day	31 Alpha Upper				
NOTES						

June 2022

SUN	MON	TUES	WED	THURS	FRI	SAT
			1 Alpha Lower	2 Alpha Upper	3 Alpha Lower	4 Alpha Upper
5 Alpha Lower	6 Alpha Upper	7 Alpha Lower	8 Alpha Upper	9 Alpha Lower	10 Alpha Upper	11 Alpha Lower
12 Alpha Upper	13 Alpha Lower	14 Alpha Upper Flag Day	15 Alpha Lower	16 Alpha Upper	17 Alpha Lower	18 Alpha Upper
19 Alpha Lower Father's Day	20 Alpha Upper	21 Alpha Lower Summer Solstice	22 Alpha Upper	23 Alpha Lower	24 Alpha Upper	25 Alpha Lower
26 Alpha Upper	27 Alpha Lower	28 Alpha Upper	29 Alpha Lower	30 Alpha Upper		
NOTES						

July 2022

SUN	MON	TUES	WED	THURS	FRI	SAT
					1 Alpha Lower	2 Alpha Upper
3 Alpha Lower	4 Alpha Upper Independence Day	5 Alpha Lower	6 Alpha Upper	7 Alpha Lower	8 Alpha Upper	9 Alpha Lower
10 Alpha Upper	11 Alpha Lower	12 Alpha Upper	13 Alpha Lower	14 Alpha Upper	15 Alpha Lower	16 Alpha Upper
17 Alpha Lower	18 Alpha Upper	19 Alpha Lower	20 Alpha Upper	21 Alpha Lower	22 Alpha Upper	23 Alpha Lower
24 Alpha Upper	25 Alpha Lower	26 Alpha Upper	27 Alpha Lower	28 Alpha Upper	29 Alpha Lower	30 Alpha Upper
31 Alpha Lower	NOTES					

August 2022

SUN	MON	TUES	WED	THURS	FRI	SAT
	1 Alpha Upper	2 Alpha Lower	3 Alpha Upper	4 Alpha Lower	5 Alpha Upper	6 Alpha Lower
7 Alpha Upper	8 Alpha Lower	9 Alpha Upper	10 Alpha Lower	11 Alpha Upper	12 Alpha Lower	13 Alpha Upper
14 Alpha Lower	15 Alpha Upper	16 Alpha Lower	17 Alpha Upper	18 Alpha Lower	19 Alpha Upper	20 Alpha Lower
21 Alpha Upper	22 Alpha Lower	23 Alpha Upper	24 Alpha Lower	25 Alpha Upper	26 Alpha Lower	27 Alpha Upper
28 Alpha Lower	29 Alpha Upper	30 Alpha Lower	31 Alpha Upper			
NOTES						

September 2022

SUN	MON	TUES	WED	THURS	FRI	SAT
				1 Alpha Lower	2 Alpha Upper	3 Alpha Lower
4 Alpha Upper	5 Alpha Lower Labor Day	6 Alpha Upper	7 Alpha Lower	8 Alpha Upper	9 Alpha Lower	10 Alpha Upper
11 Alpha Lower	12 Alpha Upper	13 Alpha Lower	14 Alpha Upper	15 Alpha Lower	16 Alpha Upper	17 Alpha Lower
18 Alpha Upper	19 Alpha Lower	20 Alpha Upper	21 Alpha Lower	22 Alpha Upper Autumnal Equinox	23 Alpha Lower	24 Alpha Upper
25 Alpha Lower	26 Alpha Upper	27 Alpha Lower	28 Alpha Upper	29 Alpha Lower	30 Alpha Upper	
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