

Skill Sheet 9-I-7

Objective 16: Demonstrate the extremities lift/carry – Two-rescuer method. [NFPA® 1001, 5.3.9]

Student Name: _____ **Date:** _____

Directions

For this skills evaluation checklist, students will demonstrate the extremities lift/carry. This lift enables two rescuers to move either a conscious or an unconscious victim.

Equipment & Materials

- Appropriate PPE including SCBA

Criteria & Evaluation Comments

Criteria (determined by the AHJ)

After the candidate has completed the skill sheet, write comments below.

Evaluator/Candidate Comments

Pass

Fail

Evaluator Signature

Date

Student Signature

Date

Skills Evaluation Checklist

Objective 16: Demonstrate the extremities lift/carry – Two-rescuer method.

Task Steps		Yes	No
1.	Both Rescuers: Turn the victim (if necessary) so that the victim is supine. NOTE: Keep head and neck stabilized during rolling to prevent spinal injury.		
2.	Rescuer #1: Kneel at the head of the victim.		
3.	Rescuer #2: Stand between the victim's knees.		
4.	Rescuer #2: Grasp the victim's wrists.		
5.	Rescuer #2: Pull the victim to a sitting position.		
6.	Rescuer #1: Push gently on the victim's back.		
7.	Rescuer #1: Reach under the victim's arms and grasp the victim's wrists as Rescuer #2 releases them. Grasp the victim's left wrist with the right hand and right wrist with the left hand.		
8.	Rescuer #2: Turn around, kneel down, and slip hands under the victim's knees.		
9.	Both Rescuers: Stand and move the victim on command from Rescuer #1.		