



Eddy County Fire & Rescue

Cadet Ability Test

The Cadet Ability Test consists of ten (10) separate events. The participant will wear a 45-pound weight vest to simulate wearing SCBA and firefighter PPE. The participant will walk between stations. The participant will have 8 minutes to complete the first 9 stations. The last station will be two minutes of hands-only compressions on a rescue mannequin. Please see description of events below in order:

1. Stair Climb
2. Equipment Carry
3. Ceiling Breach and Pull
4. Kaiser Sled (Forcible Entry)
5. Hose Hoist
6. Dummy Drag
7. Hose Drag

Stair Climb

The participant will climb one flight of stairs touching every step. The participant will use no hands climbing up the stairs but should have one hand on the rail coming down.

Equipment Carry

The participant will pick up and carry two foam buckets or other equipment of equivalent weight (approx. 25 lbs.) and walk a distance of 50ft.

Ceiling Breach & Pull

The participant will use a pike pole to simulate ceiling breach and ceiling pull on a ceiling prop. The participant will complete 4 sets of 5 ceiling push/ pulls. (Up five times, down five times is one complete set), disengaging the prop each pull or push.

Forcible Entry

The participant will drive the 15 lb striking block using the provided 9 lb dead-blow sledgehammer from one end of the platform sled to the opposite.

Hose Hoist

The participant will hoist a roll of 1 ¾ hose attached to a rope.

Dummy Drag

The participant will drag a dummy 40 ft.

Hose Drag

The participant will drag 100 ft. of 1 ¾ hose around an obstacle to a designated area.

Dress Code

The dress code is strictly enforced for safety. The CAT dress code for the test is: Long pants (no shorts), T-shirt or sweatshirt, footwear with no open heel or toe, and must provide ankle support. Athletic footwear recommended. No loose or restrictive jewelry.

Applicant Name: _____

Applicant Signature: _____

District: _____

Date: _____

Ability Test Time: _____

PASS FAIL

Fire Ops Rep: _____