

February 2023

February

March

Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa
			1	2	3	4			1	2	3	4	
5	6	7	8	9	10	11	5	6	7	8	9	10	11
12	13	14	15	16	17	18	12	13	14	15	16	17	18
19	20	21	22	23	24	25	19	20	21	22	23	24	25
26	27	28					26	27	28	29	30	31	

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	31	2/1	2	3	4
Alpha Lower	Alpha Upper	Alpha Lower	Alpha Upper	Alpha Lower	Alpha Upper	Alpha Lower

5	6	7	8	9	10	11
Alpha Upper	Alpha Lower	Alpha Upper	Alpha Lower	Alpha Upper	Alpha Lower	Alpha Upper

12	13	14	15	16	17	18
Alpha Lower	Alpha Upper	Alpha Lower	Alpha Upper	Alpha Lower	Alpha Upper	Alpha Lower

19	20	21	22	23	24	25
Alpha Upper	Alpha Lower	Alpha Upper	Alpha Lower	Alpha Upper	Alpha Lower	Alpha Upper

26	27	28	3/1	2	3	4
Alpha Lower	Alpha Upper	Alpha Lower	Alpha Upper	Alpha Lower	Alpha Upper	Alpha Lower

March 2023

March

April

Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa
			1	2	3	4							1
5	6	7	8	9	10	11	2	3	4	5	6	7	8
12	13	14	15	16	17	18	9	10	11	12	13	14	15
19	20	21	22	23	24	25	16	17	18	19	20	21	22
26	27	28	29	30	31		23	24	25	26	27	28	29
							30						

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26 Alpha Lower	27 Alpha Upper	28 Alpha Lower	3/1 Alpha Upper	2 Alpha Lower	3 Alpha Upper	4 Alpha Lower
5 Alpha Upper	6 Alpha Lower	7 Alpha Upper	8 Alpha Lower	9 Alpha Upper	10 Alpha Lower	11 Alpha Upper
12 Alpha Lower	13 Alpha Upper	14 Alpha Lower	15 Alpha Upper	16 Alpha Lower	17 Alpha Upper	18 Alpha Lower
19 Alpha Upper	20 Alpha Lower	21 Alpha Upper	22 Alpha Lower	23 Alpha Upper	24 Alpha Lower	25 Alpha Upper
26 Alpha Lower	27 Alpha Upper	28 Alpha Lower	29 Alpha Upper	30 Alpha Lower	31 Alpha Upper	4/1 Alpha Lower

April 2023

April

May

Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa
						1		1	2	3	4	5	6
2	3	4	5	6	7	8	7	8	9	10	11	12	13
9	10	11	12	13	14	15	14	15	16	17	18	19	20
16	17	18	19	20	21	22	21	22	23	24	25	26	27
23	24	25	26	27	28	29	28	29	30	31			
30													

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

26

27

28

29

30

31

4/1

Alpha Lower

Alpha Upper

Alpha Lower

Alpha Upper

Alpha Lower

Alpha Upper

Alpha Lower

2

3

4

5

6

7

8

Alpha Upper

Alpha Lower

Alpha Upper

Alpha Lower

Alpha Upper

Alpha Lower

Alpha Upper

9

10

11

12

13

14

15

Alpha Lower

Alpha Upper

Alpha Lower

Alpha Upper

Alpha Lower

Alpha Upper

Alpha Lower

16

17

18

19

20

21

22

Alpha Upper

Alpha Lower

Alpha Upper

Alpha Lower

Alpha Upper

Alpha Lower

Alpha Upper

23

24

25

26

27

28

29

Alpha Lower

Alpha Upper

Alpha Lower

Alpha Upper

Alpha Lower

Alpha Upper

Alpha Lower